

LIFE'S HEALING CHOICES STUDY

No one is perfect. We live in an imperfect world. We hurt ourselves. And we hurt others. Overcoming hurts, hang-ups, and bad habits isn't easy. Some people carry the pain with them for years, even forever.

Pastor Rick Warren shares 8 sessions in this video study and workbook that will lead you step-by-step through recovery and self-discovery process. This biblically-based, practical process will help you confront, overcome and heal from your hurts, hang-ups and habits. You will find out how to get help, let go and repair relationships.

Series summary:

Session 1: The Reality Choice	Oct.1
Session 2: The Hope You Need for Change	Oct. 8
Session 3: Letting God and Letting God	Oct. 15
Session 4: The Housecleaning Choice	Oct. 22
Session 5: Making Changes	Oct. 29
Session 6: Repairing Relationships	Nov. 5
Session 7: The Growth Choice	Nov. 12
Session 8: Recycling Pain	Nov. 19

All classes will meet in the Parlor from 6:00-7:30 pm.

Workbooks are \$8.00. Contact Pastor Mary for detail.



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